

DR. NIVEDITA SOM

Designation*	Assistant Professor
Name Of The Department*	Department of Anthropology
E-Mail Id*	<a href="mailto:nivsom.som@gmail.com">nivsom.som@gmail.com</a>
Educational Qualification*	<p>PhD in Anthropology (2017)</p> <p>Received Gold Medal for First Class First in M.Sc. (Anthropology) in University of Calcutta in 2012.</p> <p>Received Senior Research Fellowship, Indian Statistical Institute, Kolkata in 2012.</p> <p>Received Junior Research Fellowship, Indian Statistical Institute, Kolkata in 2010.</p> <p>MSc in Anthropology (2009)</p> <p>BSc in Anthropology (2007)</p>
Specialization*	Biological Anthropology
Total Teaching Experience (In Years) *	6.5 years
Courses Taught*	Human Genetics, Public Health and Epidemiology, Human adaptation, Human Growth, Human Nutrition, Culture and Society, Craniometry, Anthropometry, Bio-statistics
Research Experience (In Years) *	12 years
Minor Research Project*	<p>01</p> <p>Minor Research Project on 'Knowledge and Attitude towards Sanitation and Hygienic Practices: A Study from Rural West Bengal' from Indian Council of Social Science Research.</p>
Participation in Conferences, Symposias And Workshops*	Please see the annexure I

<p>Refresher &amp; Orientation Courses Attended*</p>	<p>Attended Orientation Programme during 26th June 2019 to 16th July 2019 from UGC-HRDC, Burdwan University.</p> <p>Attended Refresher Course during 20th July 2020 to 1st August, 2020 from UGC-HRDC, University of Hyderabad.</p>
<p>Publication*</p>	<p>Please see the annexure II</p>
<p>Any other*</p>	<p>Received Young Scientist Award, The Indian Science Congress Association, held at S.V University, Tirupati, January, 3-7, 2017.</p> <p>Worked as resource person in teaching on 'principal component analysis' in the summer school on "Use and Application of SPSS" held during 27-31 August, 2018, organized by Biological Anthropology Unit, Indian Statistical Institute, Kolkata.</p> <p>Worked as resource person for training in computer software to the participants in Winter School on 'Research Methods in Biology' held during 16-23 January, 2017, organized by Biological Anthropology Unit, Indian Statistical Institute, Kolkata.</p> <p>Joined as Ad Hoc Reviewer in the Journal Women's Midlife Health (BioMed Central).</p> <p>Reviewed articles in Journal of Indian Anthropological Society (2020, 2019, 2018)</p> <p>Reviewed article in Women &amp; Health (2018)</p> <p>Reviewed article in European Journal of Nutrition &amp; Food Safety (2017).</p>

## Annexure I

- Presented a paper entitled '***How Culture Shapes Body Fat Patterning and Blood Pressure Levels***' in Indian Anthropology Congress 2021 'Anthropology: Theory to Application' held at Department of Anthropology, University of Delhi during February 21-23, 2021.
- Delivered an invited lecture on '***Body image concerns and weight-related behaviours among urban living adolescents***', in a two-day National Webinar on 'Food, Health & Culture' organized by Department of Anthropology, Sidho-Kanho-Birsha University during 23<sup>rd</sup> & 24<sup>th</sup> November, 2020.
- Presented a paper entitled '***Relation between adiposity and physical activity: A study of urban adolescent girls in West Bengal***' in the National seminar on Postcolonial Anthropological Research with special reference to Eastern and North-Eastern India: Tribes and Beyond, held at the Department of Anthropology, University of Calcutta during October 4<sup>th</sup> - 6<sup>th</sup>, 2018.
- Delivered an invited lecture on '***Menopause: A Cross-cultural Perspectives***' in the National seminar on 'Bio-Cultural Heritage of Eastern India: Theoria, Praxis and Poiesis', organized by Department of Anthropology, University of Calcutta during 28<sup>th</sup> -29<sup>th</sup> March, 2018.
- Presented paper '***Eating Behaviors and its socio-demographic correlates among Indian urban adolescent girls***' in International Conference on Indigenous People, Human Security and Sustainable Dvelopment: Emerging Challenges in the present global context, held at West Bengal State University during January, 19<sup>th</sup> – 21<sup>st</sup>, 2018.
- Presented paper entitled '***Association of socio-demographic and reproductive variables with menopause-specific quality of life: A study in West Bengal***' in the National seminar on Human Diversity and Development: From Local to Global perspectives, held at the Department of Anthropology, University of Calcutta during March 27- 28, 2017.
- Participated in the "***Winter School on Research Methods in Biological Anthropology***" held in Indian Statistical Institute, Kolkata during 13<sup>th</sup> – 20<sup>th</sup> January, 2016.
- Presented a paper entitled "***Association of Mental Health Status with Perceived and Actual Weight Status of Adolescent Girls: A Study in Urban West Bengal***" in 45<sup>th</sup> Annual Conference of The Indian Anthropological Society during May 23-25, 2015.
- Presented a paper entitled "***Relation between Obesity and Physical Activity: A Study of Urban Adolescent Girls in West Bengal***" in Indian Statistical Institute -2015 during March 26-27, 2015.
- Presented a poster entitled "***Eating Behaviors, Body Image and Psychosocial Health of Urban Adolescent Girls in India***" in the 14<sup>th</sup> World Congress on Public Health in Kolkata-2015 during February 11-15, 2015.

- Presented a paper entitled “***Eating Behaviors among Urban Adolescent Girls of West Bengal, India***” in the National Seminar on “New Arenas of Biological Anthropology in India” held at Department of Anthropology, North-East Hill University during November 19-21, 2014.
- Participated in the “***Workshop on R-programming for students and researchers***” held in Indian Statistical Institute, Kolkata on 16<sup>th</sup> & 17<sup>th</sup> September, 2014.
- Presented a paper entitled “***Menopause-specific Quality of Life of Perimenopausal and Postmenopausal women: A Study on a Group of Urban Women in West Bengal***” in the University of Calcutta during March 27-28, 2014.
- Presented a paper entitled “***Association of Mental Health Status with perceived and Actual Weight of Adolescent Girls: A Study in West Bengal, India***” in Indian Anthropological Congress -2014 held at Dibrugarh University, Assam during February 21-23, 2014.
- Presented a paper entitled “***Assessment of Mental Health Status with Body Image Perception and Eating Behaviours among Urban Adolescent Girls***” at the 11<sup>th</sup> Conference of Indian association for Social Sciences and Health, held at SRM University, Tamil Nadu during December 26-28, 2013.
- Presented a paper entitled “***Weight Concerns, Eating Behaviours and Nutritional Knowledge among Urban Adolescent Girls: A Study in West Bengal, India***” in the National Conference on Recent Trends in Research on Biological Anthropology in the Eastern and North-Eastern India, held during November 21-23, 2013 at Biological Anthropology Unit, Indian Statistical Institute, Kolkata.
- Presented a paper entitled “***Disordered Eating Practices and Its Determinants: A study on a Group of Urban Adolescent Girls***” in the Two-day seminar on Current Trends in Research on Biological Anthropology in west Bengal on March 21<sup>st</sup> & 22<sup>nd</sup>, 2013, held at the Biological Anthropology Unit, Indian Statistical Institute, Kolkata.
- Presented a paper entitled “***Weight Concerns and Eating Practices among Urban Adolescent Girls of Sikkim and Kolkata: A comparative Study***” in the National Seminar on Understanding Human diversity: Anthropological and Museological Perspectives held at the Indian Museum, Kolkata on March 8<sup>th</sup> & 9<sup>th</sup>, 2013.
- Presented a paper entitled “***Weight Concerns and Associated Behaviours among Urban Adolescent Girls***” at the 10<sup>th</sup> Conference of Indian Association for Social Sciences and Health, held at Jawaharlal Nehru University, New Delhi during November 21-23, 2012.
- Participated in the “***Pre Conference Workshop on Approaches to Social Science Research***” held at Jamia Milia Islamia, Department of Social Work, New Delhi during November 19-20, 2012.
- Presented a paper entitled “***Menopause Quality of Life of Urban Women in West Bengal***” in the UGC sponsored National Seminar held in the University of Calcutta during March 23-25, 2011.

Participated in the “*Faculty Development Program on Research & Data Analysis using IBM SPSS Statistics 18*” held in Indian Statistical Institute, Kolkata on 29<sup>th</sup> & 30<sup>th</sup> September, 2010.

## Annexure II

### *In Journals:*

- Pramanik S., **Som Nivedita**, Roy S. (2021). Body fat patterning and blood pressure levels: a comparative study between the Rai and the Lepcha in Sikkim. *Anthropological Review*. 84(2): 133–149.
- Kanrar P., **Som Nivedita**, Roy S. (2021). A Study on Body Composition, Blood Pressure and Blood Sugar Levels Among Bengali Hindu and Santals Using Cultural Consonance Model. *Journal of the Anthropological Survey of India*, 70(1): 26–61.
- Kalam N., **Som Nivedita**, Roy S. (2020). Maternal investment in determining birth weight: A study in West Bengal. *Indian Journal of Physical Anthropology and Human Genetics*, 39 (2): 87-107.
- Som Nivedita.**, Roy P., Ray S. (2018). Association of sociodemographic and reproductive variables with menopause-specific quality of life using principal component analysis. *Women & Health*. 9:1-16. (*Pubmed indexed, Impact factor: 1.377*).
- Sen Gupta D., **Som Nivedita**, Dutta Roy C., Goswami S., Ray S. (2017). Health-related quality of life of a group of women with PCOS: A study in West Bengal, India. *Genus Homo*. 1: 76-90.
- Som Nivedita**, Mishra S. K., Mukhopadhyay S. (2016) Weight concerns and food habits of adolescent girls in two contrasting ecological regions: A comparative study in India. *Eating Behaviors*. 20: 21-26. (*Pubmed indexed, Impact factor: 1.680*).
- Som Nivedita**, Mukhopadhyay S. (2016) Association of mental health status with perceived and actual weight status of adolescent girls: A study in urban West Bengal, India. *International Journal of Child and Adolescent Health*. 9 (2): 203-210.
- Sen Gupta D., **Som Nivedita**, Dutta Roy C., Goswami S., Ray S. (2015) Polycystic ovary syndrome: A study from West Bengal, India. *Journal of Indian Anthropological Society*. 50 (2): 133-146.
- Santra A., **Som Nivedita**, Ray S. (2015). Perception towards anemia and estimation of hemoglobin levels: A comparative study on adolescent and young adult mothers. *Indian Journal of Physical Anthropology and Human Genetics*. 34 (1): 79-96.
- Som Nivedita**, Mukhopadhyay S. (2015) Body weight and body shape concerns and related behaviours among Indian urban adolescent girls. *Public Health Nutrition*. 18 (6), 1075-1083. (*Pubmed indexed, Impact factor: 2.679, Cited by 2*)

- Som Nivedita**, Roy P., Ray S. (2014) Menopause-specific quality of life of a group of urban women, West Bengal, India. *Climacteric*. 17 (6), 713-719. (Pubmed indexed, Impact factor: 2.264, cited by 3)
- Som Nivedita**, Ray S. (2012) Menopause-specific quality of life of urban women in West Bengal, India. *Menopause International*. 18 (3), 99-105. (Pubmed indexed, Cited in 20)
- Som Nivedita**, Ghosh P., Ray S. (2012) Association of menopause-specific quality of life with socio demographic and reproductive characteristics: A study on postmenopausal women of urban West Bengal, India. *Indian Journal of Physical Anthropology and Human Genetics*. 31(2): 327-345.
- Som Nivedita**, Dasgupta D., Ray S. (2009) Menopause: A study on the peri and postmenopausal women of urban West Bengal. *Indian Journal of Biological Sciences*. 15: 29-37.

***In Edited Books:***

- Ghosh A., **Som Nivedita**, Ray S. (2017). A comparative study on body composition and blood pressure levels between Marwari Hindu and Bengali Hindu groups living in West Bengal, India. In S. Ghosh & D. K. Limbu (Eds.) *Readings in Biological Anthropology*. B. R. Publishing Corporation: New Delhi. Pp. 139-164.
- Basu I., Mukhopadhyay S., **Som Nivedita**, Ray S. (2017). Mental health status of school going urban adolescents: A study in West Bengal. In S. Ghosh & D. K. Limbu (Eds.) *Readings in Biological Anthropology*. B. R. Publishing Corporation: New Delhi. Pp. 183-194.
- Kar D., **Som Nivedita**, Ray S. (2017) Is menopausal status related to body fat distribution and blood sugar level among urban living Bengali Hindu women? In S. Sengupta (Eds.) *Contemporary Anthropological Research in Eastern and North Eastern India*. Gyan Publishing House: New Delhi. Pp. 55-78.